

The Norse Parent

NKU Parents Association Newsletter

Parent and Royal Reception Provides Fun for the Entire Family!

On Saturday, February 7th, students and their families gathered at the Bank of Kentucky Center to attend the Parent and Royal Reception hosted by the Parent Advisory Board. This event provided an opportunity for families to come together in the spirit of homecoming, while supporting the NKU basketball teams. The event featured a dessert reception and free photos by the Shutter Time Photo Booth. Thanks to all of you that stopped by to make this event a huge success!

Don't miss out on our next family event! 2015 Family Weekend, featuring the Parent of the Year Luncheon, is scheduled for October 3-5. Family Weekend is an excellent opportunity for you to connect with your student in their environment. More information on the event, including registration information, will be available on the [Family Weekend](#) website in July!



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Important Dates:

All Month

NKU Golf, Softball, Baseball, Tennis, and Track and Field—[Click here to see the full NKU Athletics schedule](#)

March 23

Last day to drop a course with a grade of W

March 27

Sister Circle Conference

April 9

Latino Student Affairs Recognition Banquet

April 22

Deadline for filing application for degree candidacy for Summer & Fall 2015 graduation

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CAMPUS RESOURCES FOR YOUR STUDENT

University Connect & Persist (UCAP) develops proactive strategies to empower students to create action plans, establish success networks, identify resources and utilize techniques that promote success and persistence to graduation.

How do students connect with us?

Early Referral: Faculty refer any student who appears to need assistance with issues that could hinder academic progress

Walk-In/Self-Referral: Student with questions or concerns related to their NKU experience are welcome to stop in or make an appointment with UCAP staff.

OUR SERVICES

The Lending Library allows students to borrow one textbook per semester. Students who borrow a book meet with UCAP staff for an academic and financial wellness check.

SGA Award is a one-time-only tuition assistance award that helps students who are struggling financially. Student schedule an appointment with UCAP staff to discuss eligibility criteria and the application process. Staff also works with students to create a financial plan for subsequent semesters.

Networking is a life skill beneficial in college and beyond. Students learn how to build, expand and activate their success network at NKU and beyond.

Map Works (Early Referral/Proactive Outreach) is essential for the continued success of our students. It is the early referral system that connects faculty, staff and students. During the first 3 weeks of the semester, an online survey generates key information that gives immediate feedback in the form of a customized report created from student responses. The responses also trigger proactive outreach, especially for students at-risk academically.



Parking Services: At Your Service!

Has your student ever called you because they are on campus and they can't get their car to start? Maybe your son or daughter needed help after locking his or her keys in the car. There is no need to panic! Your student can call Parking Services for door unlocks or jump starts!

Parking Services has also started a Parking Ambassador program. Whether you're a student, visitor or employee, we want you to feel welcome at Northern Kentucky University. Our student ambassadors are trained to help with directions, transportation assistance and a general knowledge of the University. The ambassadors can also provide golf cart transportation for individuals who may be disabled or injured.

Encourage your student to keep the Parking Services number (859) 572-5505) handy!

NKU to Host Financial Fast

After Spring Break, many colleges students suffer from depleted funds in their checking accounts. NKU wants to help your student get back on track with a 21-day financial fast! If you know your student could benefit from a financial management “reboot,” encourage them to sign up for the fast! Want to take it a step further? Completing the financial fast with your student can be a great way to show support, while also benefitting from the money-saving strategies!

What: A 21-day “financial fast.”

When: March 23 – April 12

Who: Everyone is invited!

Why: Take control of your finances. Take a step toward financial freedom.



FINANCIAL FITNESS

Rules: The rules are simple. Make three financial changes for three weeks. For example, give up coffee or eating out or don't buy new clothes. The goal is to make three financial changes and to **SAVE** the money that you would have otherwise spent on these activities.

Students will join us each week as we sponsor a 30-minute “check-in” session. The first 15 minutes will be a brief program with tips on finances. The second 10 minutes will be a group discussion of how the fast is going. The last 5 minutes will be a personal reflection. Fast and easy. Those who complete the fast and attend the 30-minute group meetings will earn a recognition award.

Students can sign up [online!](#) Signing up is easy. We'll send them a daily email with a quick financial tip and a reminder about the week's check-in sessions.

*Michelle Singletary is a syndicated financial columnist for the Washington Post. You can read more about the 21-Day Financial Fast [here!](#)

Northern Exposure Program

Undergoes Changes

Students attending NKU for the first time this fall are set to experience Northern Exposure in a different way! Formerly, Northern Exposure was a two-day orientation program that included an overnight experience.

Now Northern Exposure is a required TWO-PART

process. Incoming students **MUST ATTEND BOTH** a Registration Program (1-day advising and registration program) and Orientation (August 13th - 15th) in order to fulfill the mandatory orientation requirement.

Registration Program: 1-day experience including advising and registration for your classes

Orientation: a 3-day extended orientation experience that occurs just before classes begin in August.

If you know someone attending Northern Exposure this summer, please help us spread the word!

It's Registration Time!

Students can attend REG FEST to confirm when their priority registration window opens and find out how to schedule an advising appointment with their assigned advisor or department! ALL undergraduate students are invited to NKU's REG FEST from 11a.m.-1p.m. March 18 in the University Center. Free pizza, soda, and T-shirts on a first-come, first-served basis. Hosted by Norse Advising. Contact [Linda Albert](#) with questions.

Norse Violence Prevention Center

In October of 2013, NKU was awarded a grant through the Department of Justice's Office of Violence Against Women to establish the Norse Violence Prevention Center. The NVP Center is dedicated to preventing and addressing power-based personal violence including sexual assault, partner violence and stalking on campus. They believe in fostering a culture that prioritizes consent and respect, and responds to and supports survivors and their allies. As part of these efforts, they work to

engage students, faculty, staff, and community partners to create a healthy and inspiring environment where violence of any kind will not be tolerated. The NVP Center office hours are 8:15 am - 4:30pm. Students can speak to someone by phone at 859-572-5865 or they can stop by the center located on the third floor of the Student Union in room 304 to speak to someone in person. After hours are available. If you would like more information on the center and how to get involved please contact [Gabby Molony](#) at 859-572-5865.

Featured Resource

Tip of the month:

As your students return to campus after a (hopefully) restful Spring Break, they may find it is hard to get back into school mode. There are some steps your student can take to make that transition easier.

- Encourage your student to dust off his or her planner or create a calendar to keep track of end-of-the-semester tasks.
- Remember that the end of the year also brings many events for student organizations to celebrate their success! These commitments are important for students to keep in mind as they plan out the rest of the semester.
- Remind your student to build some free time into the calendars, too! Balance is key to sustained motivation and fulfillment!

Contact Us:

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Next Parent Advisory Board Meeting

Friday, March 20th
6pm—8pm
SU 324

Need to unsubscribe?
Email parents@nku.edu