NAU PARENTS ASSOCIATION

FINAL EXAM CARE PACKAGES by andrea whitley, owner of genuine expressions

Reward your favorite collegiate with a great gift from Genuine Expressions!! Finals week is just around the corner and your student has worked hard all year long. Let them know you are thinking of them with a great care package or sweet treat!

Genuine Expressions offers over 300 specialty gift baskets perfect for your favorite college student! We have a great selection of care packages full of tasty snacks for those long nights of studying, just hanging out with friends or to keep your student going through finals!

For more information about care packages from Genuine Expressions, contact (513) 532-1494 or e-mail <u>genuine-expressions@fuse.net</u>.

Check out the CARE PACKAGES section online at <u>www.genuine-expressions.net</u> for the gift you see below.



TIP OF THE MONTH

Discuss expectations for the summer. This will make the transition to the summer break easier for you and your student.

Items to discuss with your student:

- Will your student live at home or on his or her own.
- If living at home: discuss curfew, expected house hold chores, expenses (grocery, gas, etc.), and each of your perceptions.
- If living away: discuss safety, frequency of calls and visits, and bills (who will pay rent? utilities? cable/internet?).
- Talk with your student about summer employment. Will your student work? If not, who will cover his or her expenses?

Dates & Events:

April 10 9:00 a.m. - 1:00 p.m. Service on Saturday NKU Parking Lot K For more info, visit <u>http://sos.nku.edu</u>

April 17

8:30 a.m. 20th Annual Walk for NKU Women's Athletics

For more info, visit http://nkunorse.com

April 29

8:00 p.m. Feast for Finals Norse Commons (Students can enjoy free food, activities and more as they take a break from studying for finals.)

April 15-18, April 20-25 *Bye Bye Birdie* NKU's Corbett Theatre

(All show times are 8:00 pm, except Sundays at 3:00 pm)

http://theatre.nku.edu/boxoffice/index.php? option=com_content&view=article&id=67 &Itemid=22

April 22

10:00 a.m. - 2:00 p.m. NKU Earth Day & Arbor Day University Center Plaza http://green.nku.edu

May 3-7 Final Exams

For athletic events, visit http://nkunorse.com

SENIOR REFLECTIONS

The following two articles are reflections by NKU Seniors, Lauren Costello and Jennifer Ross about their journeys at NKU as they prepare to graduate.

Lauren Costello is a Public Relations major who is a member of Delta Zeta Sorority. Jennifer Ross is a Pre-Medicine (Biology) major who is a member of the Norse Leadership Society, Tri-Beta, Health Professions club, and Activities Programming Board.

Both students served as orientation leaders and both work as student workers in the Office of New Student orientation and Parent Programs.



Pictured (left to right): Lauren Costello and Jennifer Ross

BY LAUREN COSTELLO

As my time is coming to an end rather quickly, there are a two people who deserve a huge hug for always being there for me during my past four years at NKU – my parents. From them helping me move in and out of the dorms for two years, to paying my tuition, to letting me raid the kitchen cabinets and refrigerator when I came home for a visit, to ALWAYS listening to me when I needed to talk to someone about a class, roommates, or now being with me through the waiting game of internships and jobs.

The fact that my parents were always there for me, made it easy to have someone to turn to for advice, or for someone to say, "Lauren, that's an awful idea "

When I was in high school my parents were more of the authority figure but now that I've been out of the house and away for some time, I feel like my

BY JENNIFER ROSS

I have been doing a lot of reflecting over my college years as they come to an end. I have to admit that I have had an awesome college career. I shadowed doctors in Mexico and scrubbed into their surgeries. I have networked with CEOs and executives of fortune 500 companies, developed meaningful relationships with important people here at the university, presented my research at a national conference, joined many volunteer organizations, and built friendships that will last a lifetime.

I didn't just luck into these opportunities, I became involved. Being involved is one the most parents, especially my mom, are more on the friend level. Being away at college and being in a setting with more independence, allows for maturity and realization that you are the only person who can decide your future.

NKU has given me every opportunity to be prepared along with the resources I will need in order to succeed in the real world. Through the general education classes that I was required to take, the organizations I joined, the leadership roles I held, and the elective courses I was able to take (Dr. Proctor's interviewing class); I feel as if I am ready to close this chapter and start a new chapter of my life.

My time has been well spent here at NKU and I will always remember the times and memories I've had here.

important and beneficial things you can do for yourself while in college. It opened doors I did not know existed. Thankfully, my parents saw the benefits of being involved and made sure I became a part of this large NKU family.

Any advice that I would give to any NKU student is be involved. It not only helps you learn more about who you are as a person, but also provides memorable experiences you will never forget. I was involved, will your student be involved?

FOUNDATION OF KNOWLEDGE: NKU'S NEW GENERAL EDUCATION PROGRAM by debra meyers, ph.d

Beginning this fall, NKU students will benefit from the new Foundation of Knowledge general education program. The program focuses on a set of core competencies based on nationally accepted standards for undergraduates that will ensure our students possess the knowledge and skills required for an educated workforce and/or graduate study in the twenty-first century.

The five core competencies in the new program include:

• Critical Thinking:

Students will demonstrate the ability to gather, process, interpret and evaluate information; to develop a plan to apply that information appropriately to a variety of situations; and to assess the suitability and relevance of its application.

• Perspectives:

Students will demonstrate the ability to analyze and understand multiple historical and contemporary perspectives and cultural identities.

• Communication:

Students will demonstrate the ability to communicate a depth of understanding of that information through written, spoken and visual media appropriate to audiences.

Science and Technology:

Students will demonstrate an understanding of the scientific method in observing, evaluating, analyzing and predicting phenomena in the natural and physical world. In addition, they will give example applications of science and technology to real-world situations.

• Personal Responsibility and Community: Students will demonstrate an understanding of the ethical, moral and pragmatic consequences of their choices and decisions, including the roles and responsibilities of citizenship. The Foundation of Knowledge mission statement underscores the importance of our five core competencies as a way to produce "independent learners, innovative thinkers, and responsible citizens." Moreover, the program provides the values, knowledge and skills that will "empower [students] to discover their personal potential, communicate effectively, work in diverse communities and solve problems in a global society."

Because we believe that every student will benefit from the inclusion of these core competencies in the twelve courses required in the new program, all current NKU students will be transitioned into the Foundation of Knowledge program effective fall 2010.

The transition will not change a student's current major requirements, and current students will not be disadvantaged by the transition. In fact, many students will see a reduction in the number of required general education courses.

Additional information on the new general education program is available online at <u>http://gened.nku.edu</u>.



Photo by Tim Sofranko, NKU Senior Photographer

SERVICE ON SATURDAY: NKU DAY OF SERVICE BY MARK NIEKIRK, SCRIPPS HOWARD CENTER

NKU is teaming up with the general public for a day of volunteer service to the community: Service on Saturday on April 10, 2010! Parents and families are invited to join in on this community service event.

Service on Saturday is a collaboration of multiple departments across the NKU campus to mobilize an estimated 300 NKU students and community members to spend a day serving their neighbors.

"Many different NKU student organizations engage in service throughout the year. Service On Saturday allows NKU and the greater community the opportunity to be unified and make a difference in our community," said Chatodd Floyd a VISTA volunteer at NKU who is coordinating Service on Saturday.

Check-in will begin at 9:00 am in Parking Lot K (The open lot next to the Kenton Drive Parking Garage). Wear NKU apparel (shirts, hats, and jackets) to show your affiliation with NKU's Service on Saturday. The morning will begin with a free breakfast during check-in. This semester's volunteer engagements include:

- Maintenance at the Ft. Thomas Veteran's Hospital
- Cleanup for the City of Highland Heights
- Highway cleanup for a section of the AA highway
- Tree planting in Alexandria.

PARENTS ASSOCIATION MEETING: MAY 22, 2010

The next Parents Association meeting of 2010 will be held on May 22, 2010 from 2:00 - 4:00 pm in Student Union, room 302.

Any parent of an NKU student is welcome to attend this meeting. However, it is required that persons who wish to attend RSVP by 4:30 p.m. on Monday, May 17, 2010. RSVP to Hannah Centers at <u>centersh1@nku.edu</u> or (859) 572-7625.

The agenda for this meeting is to finalize the Parents Association bylaws, mission statement, and Parent Advisory Board structure. **Parents who attend the meeting will receive snacks, beverages, parking validation, and a small gift from the Parents Association.**

To register for Service on Saturday, send an email to: <u>nkuserviceonsaturday@gmail.com</u> or call Chatodd Floyd at 859.572.7726

If you don't live near campus, but you still want to participate, we encourage you to create your own Service on Saturday. Gather some family and friends and volunteer for a few hours on the weekend of April 10th at the nonprofit or community agency near your home.

After service, let us know what you did on Facebook at the NKU Service on Saturday page, by email to <u>neikirkm1@nku.edu</u> or at the Service on Saturday webpage at <u>http://sos.nku.edu</u>.

NKU departments sponsoring Service on Saturday include the Institute for Nonprofit Capacity, Scripps Howard Center for Civic Engagement, NKU Office of Student Life, NKU University Housing, KY Campus Compact, WNKU-FM Radio, and the Campbell County Cooperative Extension office. We would also like to thank the Learn & Serve America grant for making this event possible.

For more information about Service on Saturday, visit <u>http://sos.nku.edu</u>.

Contact Us:

Hannah Centers Coordinator of Parent and Family Programs

Office of New Student Orientation and Parent Programs Student Union 317, Nunn Drive Highland Heights, KY 41099

Telephone: (859) 572-7625 Fax: (859) 572-1960

parents@nku.edu http://orientation.nku.edu/parent