

Gavin Turner

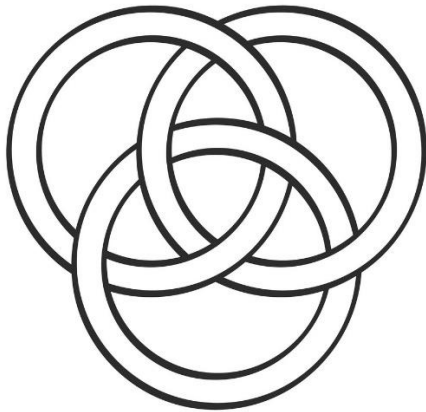
Professor Long

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Logo Project

For my logo, I chose the Borromean rings which are made up of three rings interlocked with one another. These rings form what is known as the Brunnian Link meaning that if one of the rings were to be cut or taken away the others would fall apart. These rings were used since early times to symbolize things such as strength and unity. Therefore, I have chosen it to be my logo.



The first ring symbolizes family, my family has been an integral force in my life. From a very young age, my parents instilled in me a fervid work ethic, they both came from working-class families and had to work hard every single day to be where they are now. They have always taught me that nothing is ever handed to you without working for it and that if you want something you have to make sacrifices, take risks, and push yourself.

The middle ring symbolizes my friends, as they say, iron sharpens iron. Therefore, I believe who you surround yourself with makes you who you are. Lucky for me I found an

amazing “circle” of friends that I feel free to be myself with, who always support me and keep me in check.

Finally, the third ring is fitness. The gym has been a dynamic force in my life in recent years. The factor that got me into fitness was my friends. We all played sports together all through high school and after having our senior season taken from us by the covid pandemic we still wanted to find a way to connect and inspire each other to be better than we were yesterday, we found this in the gym. The gym also showed me how strong the work ethic that my parents gave me was because results aren't instantaneous regarding fitness, so it was something I had to continuously work at and educate myself on so the tenacity they ingrained into me since I was a kid helped me to keep pushing on no matter what.