

Trigonometric Substitution

Summary

- To evaluate an integral involving $\sqrt{a^2 - x^2}$ use the trigonometric substitution $x = a \sin(\theta)$. Then
$$\begin{aligned}\sqrt{a^2 - x^2} &= \sqrt{a^2 - a^2 \sin^2(\theta)} \\ &= \sqrt{a^2(1 - \sin^2(\theta))} = \sqrt{a^2 \cos^2(\theta)} \\ &= |a \cos(\theta)|\end{aligned}$$
- To evaluate an integral involving $\sqrt{a^2 + x^2}$ use the trigonometric substitution $x = a \tan(\theta)$. Then
$$\begin{aligned}\sqrt{a^2 + x^2} &= \sqrt{a^2 + a^2 \tan^2(\theta)} \\ &= \sqrt{a^2(1 + \tan^2(\theta))} = \sqrt{a^2 \sec^2(\theta)} \\ &= |a \sec(\theta)|\end{aligned}$$
- To evaluate an integral involving $\sqrt{x^2 - a^2}$ use the trigonometric substitution $x = a \sec(\theta)$. Then
$$\begin{aligned}\sqrt{x^2 - a^2} &= \sqrt{a^2 \sec^2(\theta) - a^2} \\ &= \sqrt{a^2(\sec^2(\theta) - 1)} = \sqrt{a^2 \tan^2(\theta)} \\ &= |a \tan(\theta)|\end{aligned}$$
- To evaluate an integral involving $\sqrt{b^2 x^2 - a^2}$, $\sqrt{b^2 x^2 + a^2}$, or $\sqrt{a^2 - b^2 x^2}$. Then use $b x = a$ (trig function) or $x = \frac{a}{b}$ (trig function).

Example

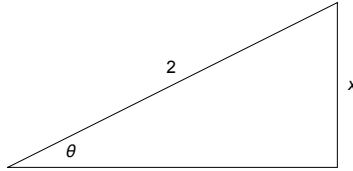
To evaluate $\int x^3 \sqrt{4 - x^2} dx$ use the substitution $x = 2 \sin(\theta)$ with $-\pi/2 \leq \theta \leq \pi/2$. That means $dx = 2 \cos(\theta) d\theta$.

$$\begin{aligned}I &= \int x^3 \sqrt{4 - x^2} dx = \int 8 \sin^3(\theta) \sqrt{4 - 4 \sin^2(\theta)} 2 \cos(\theta) d\theta \\ &= \int 8 \sin^3(\theta) \sqrt{4 \cos^2(\theta)} 2 \cos(\theta) d\theta \\ &= \int 8 \sin^3(\theta) 2 \cos(\theta) 2 \cos(\theta) d\theta \\ &= 32 \int \sin^3(\theta) \cos^2(\theta) d\theta \\ &= 32 \int \sin^2(\theta) \cos^2(\theta) \sin(\theta) d\theta \\ &= 32 \int (1 - \cos^2(\theta)) \cos^2(\theta) \sin(\theta) d\theta\end{aligned}$$

Now make the substitution $u = \cos(\theta)$ so that $du = -\sin(\theta) d\theta$ or $\sin(\theta) d\theta = -du$.

$$\begin{aligned}
 &= -32 \int (1-u^2) u^2 du \\
 &= -32 \int (u^2 - u^4) du \\
 &= -32 \left(\frac{u^3}{3} - \frac{u^5}{5} \right) + C \\
 &= -32 \left(\frac{\cos^3(\theta)}{3} - \frac{\cos^5(\theta)}{5} \right) + C
 \end{aligned}$$

Since $x = 2 \sin(\theta)$, $\sin(\theta) = x/2$:



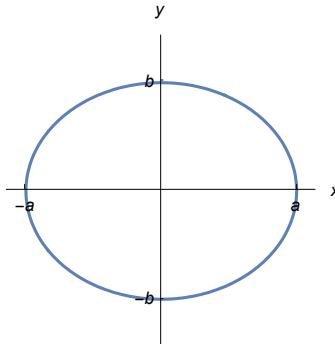
From the corresponding right triangle, $\cos(\theta) = \frac{\sqrt{4-x^2}}{2}$. The final answer is

$$\begin{aligned}
 -32 \left(\frac{\cos^3(\theta)}{3} - \frac{\cos^5(\theta)}{5} \right) + C &= -32 \left(\frac{(\sqrt{4-x^2}/2)^3}{3} - \frac{(\sqrt{4-x^2}/2)^5}{5} \right) + C \\
 I &= -\frac{4}{3} (\sqrt{4-x^2})^3 + \frac{1}{5} (\sqrt{4-x^2})^5 + C
 \end{aligned}$$

Problems to consider:

1. Use trigonometric substitution to evaluate $\int \sqrt{4-9x^2} dx$.
2. Use trigonometric substitution to evaluate $\int_0^2 \frac{x^3}{\sqrt{2x^2+1}} dx$.

3. Consider the ellipse $\frac{x^2}{a^2} + \frac{y^2}{b^2} = 1$:



- 3.1. Solve $\frac{x^2}{a^2} + \frac{y^2}{b^2} = 1$ for y .

- 3.2. Find the area of this ellipse.

4. Trigonometric substitution can be useful even if no square roots are involved. Use it to evaluate $\int \frac{1}{(1+x^2)^2} dx$.
5. What is an appropriate trigonometric substitution to use in the integral $\int \sqrt{(2x-1)^2 + 25} dx$? You don't have to evaluate the integral, just provide the substitution along with reasons for your choice.